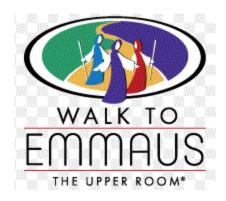
# WALK TO EMMAUS THE UPPER ROOM\*

## THE WALK TO EMMAUS



# A JOURNEY WITH CHRIST

The Walk to Emmaus is a spiritual renewal program intended to strengthen the local church through the development of Christian disciples and leaders. The "Walk" is a short course in Christianity comprised of fifteen talks by lay and clergy on the themes of God's grace, Christian discipleship and what it means to be the church.

The "Emmaus Community", made up of those who have attended a "Walk" weekend, support the experience with a prayer vigil, by preparing and serving meals and other acts of love and service.

The <u>AIM OF EMMAUS</u> is to inspire, challenge and equip local church members for Christian action in their homes, churches, work places and communities.

The "WALK" moves church members to new levels of openness and commitment as Christ's People. They experience the gift of God's love and come from the weekend with a desire to pass that love on to others.

The "WALK" weekend begins on Thursday evening and ends on Sunday evening. The focus of day one is God and the relationship God offers. The focus of day two is Jesus Christ and each person's response to the grace of God. The focus of day three is the Holy Spirit and the call to live as an active member of the body of Christ through service in the church and community. All three days point to the fourth day – living and walking with Christ in the company of one another through a lifestyle of prayer, study and service.

Emmaus is for people who want to grow spiritually and mature as disciples of Jesus Christ. It is for persons who want to build up the church in love and to contribute to its ministry.

Emmaus is a concentrated three day course in Christianity, not a relaxing retreat. It is a very full experience. Plan to come with empty hands and open hearts, ready to give yourself completely to the "WALK".

Emmaus "WALKS" are held twice a year – in the Spring and in the Fall. Separate walks are held for men and women.

Please complete a <u>REQUEST FOR RESERVATION FOR A WALK TO EMMAUS</u> and return it to your sponsor or to the church office. Applications are available in the church vestibule or on our website. www.rockspringsumc.com

If you have questions or want more information, please contact

Ken or Marijane Nichols (423) 239.6783 RSUMC Office (423) 349.7531 April Butler (423) 349.1036 227 Church View Dr., Kingsport, Tn. 37664

Sandra Grills (423) 349.4805 www.RockSpringsUMC.com

office@rockspringsumc.com



# **SONrise Emmaus Community Request for Reservation** For a Walk to Emmaus

(To Be Completed By Applicant)

The sole purpose of the Emmaus Movement is to strengthen disciples within the ministry of individual Christian churches. The Walk to Emmaus is for Christians who are active in a local congregation. If you are seeking to renew and strengthen your faith so that you may better serve God in your church, you are invited to participate in a Walk to Emmaus.

### APPLICANT DATA Name you would like on your name tag: Name: Address: Married: □ Yes Spouse's Name: □ No Have reunion groups and gatherings been explained to you by your sponsor? ☐ Yes ☐ No City: To make the weekend a pleasant experience for you, we need the State: Zip: following information: Do you have medical needs for a special diet □ Yes □ No Home Phone: Work Phone: for the weekend? If Yes, please explain: E-mail: (this is our preferred method of communicating with you: Please include only if you check your email): ☐ Yes ☐ No Will you be taking any medications during the **Current Church:** Are there any physical handicaps or limitations ☐ Yes ☐ No Pastor's Name: that we need to be aware of to make your weekend more comfortable? Date If Yes, please explain: Signature

# Instructions

Please complete this Request for Reservation form and return it to your Sponsor with the \$75 (refundable) registration fee (Payable to SONrise Emmaus Community). When your application is received and accepted, you will be notified within two weeks (by email if you have listed an email address) that you have been placed on the waiting list for the next available spot on an Emmaus Walk. The Registrar will send you an invitation to the Emmaus Walk approximately six weeks prior to the time scheduled for you to attend. If a spot becomes available in less than six weeks prior to the Walk, your sponsor will contact you to see if you are able to attend. Please notify your sponsor immediately if circumstances prevent your attending as scheduled.

# More About Emmaus

The weekend begins on Thursday evening at 7:00 PM and ends on Sunday evening at 7:00 PM. You will live and study together with other "pilgrims on the road to Emmaus." You will also sing, worship and pray together. You will have the opportunity to participate in the daily celebration of Holy Communion, to understand more fully the presence of Christ, and to experience God's grace personally through the acts of a loving support community

One of the primary strengths of the Emmaus Program is follow-up. You will be encouraged to expand your own spiritual life and become a more active disciple of Christ through your church. This discipleship is nurtured by Emmaus through small discipleship groups cailed Reunion Groups, through monthly Gatherings of the Emmaus Community, and through opportunities to support future Walks. This follow-up is voluntary, and you are committing to only the weekend of the Walk, but we pray that you will want to continue what begins in those 72 hours for the rest of your life. (October 2007)

**NEXT WALKS: WOMEN: OCTOBER 6-9, 2016** 

MEN: **OCTOBER 20-23, 2016**  Ms. Marijane Nichols 1020 Eastbrook Dr.

Mr. Kenneth Nichols

Kingsport, n. 37663-2404