



The Wellspring

News and Encouragement for the RSUMC Family

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NOVEMBER 2016



As the Holidays approach I often think of those less fortunate than I. People without a warm coat, a pillow, and for many...no home or family to go to.

In 2014 Rock Springs UMC began to try to ease that burden by opening our Food Pantry, in partnership with 2nd Harvest Food Bank of NE Tennessee. We recently received the following letter in appreciation of our efforts as a ministry for our community.

ROCK SPRINGS UMC

Partnering with Second Harvest Food Bank of NE Tennessee is saving your Agency money ! The following stats will show how your efforts have helped in the fight against hunger.

- ◆ Rock Springs UMC distributed 32,924 pounds of food (from 7/1/2014 - 6/30/2015)
- ◆ 12,839 pounds of this food came from USDA (at no cost to us)
- ◆ 1,495 pounds of this food was donated through local food drives, again at no cost to us.,
- ◆ We paid \$8,912.78 in fees during this time (your generous donations)
- ◆ The estimated retail VALUE of this food (based on the

current formula, 1 lb. of food = \$1.69) was \$55,641.56.

- ◆ Partnering with Second Harvest has saved RSUMC \$46, 728. 78

We appreciate everything you do to serve those in your community who are in need of your assistance. We understand that the cost of this ministry cannot only be measured in dollars ! You are giving of your time, energy and heart and we could not have served so many without YOU. Thank-you for joining Second Harvest Food Bank of NE Tennessee in the fight against hunger.

God Is Good !

Kathi Kost



Rock Springs
United
Methodist
Church

Sunday

Sunday School	10:00am
Worship	11:00am
Choir	5:30pm
Liturgical Dance	5:30pm
Youth	6:30pm

Wednesdays

Children's Practice	5:30pm
Choir Practice	6:00pm
Youth	6:30pm
Adult Bible Study	7:00pm

Pastor: Buddy Butler
Home: (423) 349-1036
Cell: (423) 429-3820

Administrative Assistant
Kathi Kost
Office: (423) 349.7531
Cell: (423) 398.1098

Music Director: Shelby Marlow
Organist: Dr. Sandra Ramsey
Pianist: Ellen Painter
Sound Tech: Kip & Susie Larson
Youth Minister: Mark Adcox



Rock Springs United Methodist Financial status as of September 2016

Income	\$ 108, 679.55
Expenses	119,394.02
Deficit	\$ 10,714.47

Mark your calendars !!

The children of Rock Springs UMC will be performing a program called "The Symbols of Christmas" on Friday, December 16th at 6 PM in the sanctuary. The play will include several songs and feature some amazing soloists. After the program, please join us for covered-dish appetizers and sweets in the fellowship hall.

We are expecting a special visit from Santa. Please bring guests and do not miss this family event!

Tracy Dishner

Happy Thanksgiving!



New Class Begins November 4th

- Healthy Eating - Support
- Christian Fellowship - and
- Lots of FUN !

Our last class was so successful we want to do it again ! As a group we lost Over 405 pounds !

17 Weeks - \$186.00

Cash - Check - Charge

Beginning November 4th

7:00 - 8:00 pm

Fellowship Hall

To hold the class we must have 20 people enrolled and committed !

Don't miss out...to enroll and pay Contact Joy Ramsey @ 239.5026

Youth UPDATE

Our Youth will have a lock-in Saturday November 12. The event will begin with check-in at 5:30pm at the church. We will then carpool to a local shop to fill our Operation Christmas Child boxes and have dinner at La Carretta. We will return to the church for games, snacks and devotion.



Operation Christmas Child – a few pre-made boxes are available in the church. Each box contains a giving envelop and short instructions and ideas for filling a box. These boxes represent Jesus to a child that will not experience the love of Christ otherwise, and will have no other Christmas outside of this act of kindness. The filled boxes may be left on the alter or outside the church office. The collection date is Wednesday, November 16.

A Note from our Choir Director

Come, Let Us Adore!

This Christmas, we return to the scene of a humble manger where the great Light of the world was born. We join with the shepherds and angels — in awe of God's love come to earth. Amidst the noise and distractions, we still our hearts as we bow before Him and worship the one true King. This Christmas musical is filled with songs to draw the heart closer to the true hope and joy of the season. The blend of new seasonal anthems and traditional carols will awaken different perspectives of the Christmas story. As we join together and lift up choruses of worship and relive the miraculous story of Christ's birth, it is our prayer that all will be filled with hope that only comes through Christ!

The musical features songs from Chris Tomlin's Christmas album Adore including "Noel" and "A King Like This". Other songs are:

- *It's Christmas (Opener) with Away in a Manger,*
- *Do You Hear What I Hear?,*
- *Midnight Clear (Love Song) with It Came Upon a Midnight Clear,*
- *Close to Christmas,*
- *Adore,*
- *A Christmas Alleluia,*
- *Noel,*
- *A King Like This,*
- *It's Christmas (Finale) with Away in a Manger and Go Tell It on the Mountain.*

Shelby



Kid's Choir will continue to sing songs of Joy! We encourage you to come and join us on Wednesdays @ 5:30. We will sing each month during Sunday morning service.

Make a JOYFUL NOISE...

Shelby

FOOD
pantry

Shopping
Friday, 11/11
at 1:00pm

Distribution
Tuesday, 11/15
from 5-7 pm

Did you know ?

We now have a weekly E-Newsletter Stay abreast of the weekly happenings...contact the church office so we can put you on the e-mail list.

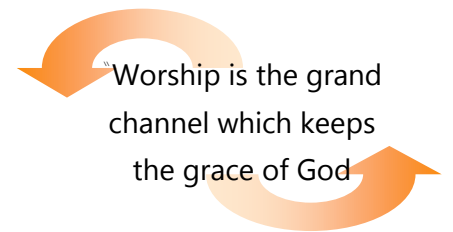
Call 349-7531

or e-mail :

office@rockspringsumc.com



★ ★ ★ ★



The Parts of Prayer



Have you ever wondered how to pray? Why not consider the P.A.R.T.S. of prayer as a model to focus your prayer life.

- P - Praise
- A - Ask
- R - Repent
- T - Thank
- S - Share



★ ★ ★ ★

MISSION

To Know Christ
&
To Make Christ
Known



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